

baja a la carte

tacos

corn or flour tortilla & choice of protein

chicken

cal 120/160

5.50

pork carnitas

cal 140/180

5.50

steak

cal 120/160

6.50

roasted veggies

cal 85/125

4.00



sides

side 3oz

large 8oz

queso & chips

cal 720/1570

7.00

8.50

guacamole & chips

cal 620/1380

7.50

9.00

salsa & chips

cal 1050-1080

7.00

rice

cal 260

3.50

beans

cal 290-310

3.50

churro

cal 210

1.50

queso



guacamole



pick your add-ons_ extras_____

rice • beans • roasted veggies • cheese
onion & cilantro mix • salsa • tomato • pico
lettuce • jalapeño • tortilla strips
adds 5-110 cal

double chicken or carnitas
adds 50-160 cal
3.95

sour cream
adds 30-90 cal
1.00

double steak
adds 50/140 cal
4.95

queso
adds 60-230 cal
2.95

guacamole
adds 40/80 cal
3.50

extra tortilla
adds 70-340 cal
1.50

chips & salsa served with every meal
adds cal 220-255

eat well. live fresh.®



build your own favorite

burrito

flour tortilla & choice of protein
cal 375-500

bowl

rice, black or pinto beans, roasted veggies, onion + cilantro mix, choice of salsa & protein
cal 355-490

2 taco combo

corn or flour tortillas
rice, black or pinto beans & choice of protein
cal 350-550

quesadilla

cheese, guacamole & sour cream
cal 1010-1170

favorites

salad

ensalada: lettuce, cotija cheese, pico, tortilla strips, choice of dressing & protein
cal 160-580

tostada: tortilla shell, lettuce, black or pinto beans, guacamole, cheese, pico, sour cream & choice of protein
cal 945-1080

nachos

chips, queso, black or pinto beans, guacamole, pico, sour cream & choice of protein
cal 1255-1390

pick your protein

the build your own favorite entrée calorie ranges reflect the proteins below

| | | | | | | | |
|----------------|-------|----------------------|-------|--------------|-------|------------------------|-------|
| chicken | 14.00 | pork carnitas | 14.00 | steak | 15.00 | roasted veggies | 13.00 |
|----------------|-------|----------------------|-------|--------------|-------|------------------------|-------|

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Certain items on our menu are cooked to order and may be served raw or undercooked. Consuming undercooked meats, poultry, shellfish, fish, or eggs may increase the risk of a foodborne illness. We take steps to minimize risk and safely handle the foods that contain potential allergens, but please be advised that cross-contamination may occur. 41.0279 © 2024 MTY Franchising USA, Inc.